

CERTIFICATE

OF PARTICIPATION

This is to certify that

Sarel Nong

Has successfully participated & completed the

21km SA Run 4 Cancer Ultra Marathon

held at Polokwane Rugby Fields.

TIME 02:52:07

PACE 08:10/km

GENDER 255 of

344

OVERALL 360 of 606

SENIOR (20- 140 of

39) 181

27 October 2018, Sat Date

Signature